

AUXILIANS 2023-24



AUXILIUM PU COLLEGE

📍 Bandapura, Bengaluru 560049

🌐 www.auxiliumpuc.com

☎ +91 91487 59024





AUXILIUM PU COLLEGE, BANDAPURA - 560049

CONGRATULATES

**100%
RESULT
2023-24**

DISTINCTION: 39, FIRST CLASS: 54

SCIENCE

TOPPERS

COMMERCE

 DIVYA TEJA B PERCENTAGE: 97.50 REG NO: 20249172627 KAN-98, ENG-93, PHY-94, CHE-100 MATHS-100, CS-99	 THUSHARA M PERCENTAGE: 96.16 REG NO: 20249172738 KAN-98, ENG-96, PHY-93 CHE-95, MATHS-98, BIO-97	 PREETHI R PERCENTAGE: 94.68 REG NO: 20249172692 HIN-95, ENG-95, CHE-94 MATHS-99, CS-99	 G ROWEENA SIPHORA PERCENTAGE: 94.33 REG NO: 20249172632 ENG-98, CHE-98 MATHS-98, CS-100	 SNEHA C PERCENTAGE: 94.16 REG NO: 20249172727 KAN-98, BIO-98	 VISMAYA N PERCENTAGE: 96.16 REG NO: 20249172747 KAN-94, ENG-96, ECO-97 BS-96, ACC-97, CS-97	 S K NIYAJA PERCENTAGE: 96.00 REG NO: 20249172795 HIN-94, ENG-96, ECO-97 BS-95, ACC-97, CS-97	 ISHIKA PATRA PERCENTAGE: 95.16 REG NO: 20249172643 ECO-98, BS-97 ACC-97, CS-98	 VARSHA B PERCENTAGE: 95.00 REG NO: 20249172742 KAN-98, ENG-94, ECO-99 BS-92, ACC-99, CS-97
 KONEESHA A PERCENTAGE: 94.46 REG NO: 20249172655	 LAKSHITHA K PERCENTAGE: 94.59 REG NO: 20249172658	 JEEVIKA B PERCENTAGE: 94.33 REG NO: 20249172646	 NEELAVENI G PERCENTAGE: 94.16 REG NO: 20249172678	 LIKHITH N PERCENTAGE: 93.60 REG NO: 20249172662	 S SHUBA ZION PERCENTAGE: 93.50 REG NO: 20249172708	 KISHAN M PERCENTAGE: 92.60 REG NO: 20249172654	 BINDHUSHREE N PERCENTAGE: 92.00 REG NO: 20249172615	 AYESHA A PERCENTAGE: 92.00 REG NO: 20249172607
 SANDHYASHREE E PERCENTAGE: 90.83 REG NO: 20249172687	 DUSHYANTH S PERCENTAGE: 90.00 REG NO: 20249172629	 RACHAN REDDY S PERCENTAGE: 90.00 REG NO: 20249172694	 ANDREW S PERCENTAGE: 90.00 REG NO: 20249172694	 RITHIKA SIRVI R PERCENTAGE: 90.00 REG NO: 20249172699				

Best Wishes From: Management, Principal & Staff

Email : auxpucollegeblr@gmail.com, Web : www.auxiliumpuc.com, Contact : 91487 59024





AUXILIUM PU COLLEGE, BANDAPURA - 560049

CONGRATULATES

**SCIENCE
PCMB**

**100%
RESULT
2023-24**

**DISTINCTION: 39
FIRST CLASS: 54**

**ADMISSIONS
OPEN FOR
2024-25**

**Email : auxpucollegeblr@gmail.com,
Web : www.auxiliumpuc.com,
Contact : 91487 59024**

**Best Wishes From:
Management
Principal & Staff**

**COMMERCE
CEBA**

 VISMAYA N PERCENTAGE: 97.50 (99%) REG NO: 20249172747	 SNEHA C PERCENTAGE: 96.16 (99%) REG NO: 20249172727	 S SHUBA ZION PERCENTAGE: 94.33 (99%) REG NO: 20249172708	 KISHAN M PERCENTAGE: 92.60 (99%) REG NO: 20249172654	 VISMAYA N PERCENTAGE: 96.16 (99%) REG NO: 20249172747	 S K NIYAJA PERCENTAGE: 96.00 (99%) REG NO: 20249172795	 ISHIKA PATRA PERCENTAGE: 95.16 (99%) REG NO: 20249172643	 VARSHA B PERCENTAGE: 95.00 (99%) REG NO: 20249172742	 KONEESHA A PERCENTAGE: 94.46 (99%) REG NO: 20249172655
 SANDHYASHREE E PERCENTAGE: 90.83 (99%) REG NO: 20249172687	 RITHIKA SIRVI R PERCENTAGE: 90.00 (99%) REG NO: 20249172629	 N NAVANETHA PERCENTAGE: 94.33 (99%) REG NO: 20249172646	 DHANUSH A PERCENTAGE: 93.60 (99%) REG NO: 20249172662	 HELEN S JOHNSON PERCENTAGE: 93.50 (99%) REG NO: 20249172708	 LAKSHITHA K PERCENTAGE: 94.59 (99%) REG NO: 20249172658	 JEEVIKA B PERCENTAGE: 94.33 (99%) REG NO: 20249172646	 NEELAVENI G PERCENTAGE: 94.16 (99%) REG NO: 20249172678	 BINDHUSHREE N PERCENTAGE: 92.00 (99%) REG NO: 20249172615
 AYESHA A PERCENTAGE: 92.00 (99%) REG NO: 20249172607	 VJAYALAKSHMI J PERCENTAGE: 97.50 (99%) REG NO: 20249172714	 AJITH D G PERCENTAGE: 99.00 (99%) REG NO: 20249172701	 YASHWANTH M PERCENTAGE: 95.16 (99%) REG NO: 20249172742	 ESTHER M JOSE PERCENTAGE: 94.33 (99%) REG NO: 20249172646	 PREETHI D R PERCENTAGE: 93.60 (99%) REG NO: 20249172662	 DIVYA TEJA B PERCENTAGE: 97.50 (99%) REG NO: 20249172627	 PREETHI R PERCENTAGE: 94.68 (99%) REG NO: 20249172692	 G ROWEENA SIPHORA PERCENTAGE: 94.33 (99%) REG NO: 20249172632
 LIKHITH N PERCENTAGE: 93.60 (99%) REG NO: 20249172662	 K NANDHINI PERCENTAGE: 93.60 (99%) REG NO: 20249172662	 ASRATH KRISHNA M B PERCENTAGE: 93.60 (99%) REG NO: 20249172662	 RAHUL VERMA D PERCENTAGE: 97.50 (99%) REG NO: 20249172714	 TEJAS M PERCENTAGE: 92.60 (99%) REG NO: 20249172654	 BHANUSHREE L PERCENTAGE: 92.00 (99%) REG NO: 20249172615	 ARUL JENIFER R PERCENTAGE: 91.66 (99%) REG NO: 20249172603	 SONU JOSE MATHEN PERCENTAGE: 91.66 (99%) REG NO: 20249172603	 M VISMITHA PERCENTAGE: 91.66 (99%) REG NO: 20249172603

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EDITOR'S PAGE

“Together for a better world”

Dear friends,

Welcome to our College magazine! It's been an absolute honour to be part of the second legacy edition of Auxilium PU College. We're thrilled to share with you all the awesome events happened on our campus. This edition is packed with stories about the cool events that made our year memorable. Our heartfelt gratitude to our principal Dr. Margrat Mathai, FMA who always stood as the strongest pillar in bringing everything at order for a smooth functioning of all the events.

From the Teachers' orientation programme to the amazing performances at our valedictory day, every event shows how awesome our college community is. We're so proud of the creativity and talent our students and teachers bring to everything we do.

This magazine isn't just about events; it's also filled with interesting articles, essays, and artwork created by our very own college family. We hope these stories inspire you and spark your curiosity. More over these fun-filled events tell you about our vision and mission for young generation too.

As we continue our journey as Auxilians, let's keep supporting each other and striving for excellence. Together, we can make a positive difference in our college and beyond.

Our sincere appreciation to all our contributors, readers, and supporters for your unwavering dedication and enthusiasm. Your passion and commitment are the driving force behind the success of our college magazine.

Warm regards,



Mrs. Nancy Mary. T
Editor

Education

“The highest education is that which does not merely give us information but makes our life in harmony with all existence.”

Rabindranath Tagore.

Principal's Message



Greetings to all!

The academic year 2023-24 has come to an end and with it Auxilium PU College has completed gladly two years. The first batch of students, 93 of them having successfully completed their studies are ready to leave the portals of Auxilium to give wings to their dreams. We thank God for the excellent result. It's a dream come true for all of us to see the first batch of 93 students come out with **distinctions and first classes**. To our amazement 23 out of 93 students scores between 90 and 97.05. We are grateful to both the parents and the students for the trust they placed in us and wish them all God's blessings as they march forward, choosing appropriate studies and career.

This year Auxilium celebrated its first Annual Day that turned out to be a mega event. The auspicious presence of MLA Mrs. Manjula Arvinda Limbavali and DDPU Mr. Anandaraj added colour to the event. They had always been a great support to Auxilium.

As of last year we have decided to bring up the e-magazine to our readers. The pages will give you a glimpse into the academic year 2023-24, where in addition to the systematic pursuit of academic excellence the students got involved in a myriad of extra-curricular activities, cultural fests, athletics, field visits, excursion and the first Annual Day. Students also participated in intercollege sports bringing laurels to the college.

The magazine brings out all that took place in the academic year 2023-24. Those interested to know more about the college can visit our website www.auxiliumpuc.com

I am grateful to everyone, each student, parents and Staff who made this year truly beautiful by their dynamism, creativity and hard work. My sincere thanks to the magazine Committee members Mrs. Nancy, Mrs. Aparna, Mr. Chiranjeevi, Mr. Girisha E M and everyone who contributed towards it through various articles. My thanks for Sr. Philo Fernandes FMA, for giving it a final touch and Mr. Girish R For design and Layout. May God bless you all !



Dr. Sr. Margrat
Principal

MAGAZINE COMMITTEE



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Co-ordinator



Sr. Philo Fernandes FMA.
English Editor



Mrs. Aparna V
English Editor



Mr. Girish R
Design & Layout



Mrs. Nancy Mary T
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Mr. Chiranjeevi P
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MEET THE STAFF



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Ist Year PCMC



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PHYSICS LAB



CHEMISTRY LAB



BIOLOGY LAB



COMPUTER LAB



LECTURER HALL



PLANNING



LIBRARY



LEADERS MEET



COLLEGE CAMPUS LIFE



Teachers' Orientation Programme



"Give me six hours to chop down a tree," said Abraham Lincoln, "and I will spend the first four sharpening the axe." Similarly, equipping lectures through Orientation Programme prior to the commencement of academic year ensures increase in their level of efficiency, knowledge, experience and skills so that they are better prepared to fulfil their future duties and responsibilities. Convinced of this undeniable truth, Auxilium held the Teachers' Orientation Programme in the first week of May 2023. The resource person was none other than our Principal Dr. Sr. Margrat Mathai. This programme provided an invaluable opportunity for faculty members to engage in learning challenging aspects of education, including class room management, emotional maturity, stress management, problem solving techniques, personal accompaniment of students and effective teaching methods.

Each session, conducted through simulation games and participatory styles, kept the participants active and energetic, fostering a willingness to learn more. Along with the Orientation Programme, the academic calendar was meticulously prepared for the entire academic year, inclusive of celebrations and competitions of various types aimed at enhancing students' overall development.

By: Mr. R. Varun Kumar
Lecturer in Chemistry

My Memories of Auxilium



Auxilium PU College offers a diverse and vibrant academic environment with a wide range of programs to choose from. The faculty members are highly knowledgeable and accessible, providing valuable mentorship and guidance to students. The campus boasts state-of-the-art facilities, including well-equipped laboratories, modern classrooms, and extensive library resources. Additionally, the college encourages student involvement in extracurricular activities, with sports teams, and cultural events to participate in. The student support services are comprehensive, with academic advisors, counselling center, and career development resources available to assist students throughout their academic journey. Overall, Auxilium PU College provides fulfilling and enriching opportunities...

By: Anthony Shawn L
II CEBA

Inauguration of academic year 2023- 2024

The inauguration of the academic year 2023-24 marked a significant milestone as the portals of Auxilium PU College was thrown open to welcome the second batch of students on 21st May 2023. The senior students and Staff members extended a warm and enthusiastic welcome to the newcomers, presenting them an yellow rose each as a symbol of friendship.

Following the preliminary formalities and group dynamics aimed at bringing everyone closer, Dr. Sr. Margrat Mathai, the principal conducted an orientation programme for the newcomers. Through participatory sessions and simulation games students were encouraged to explore and internalize important values essential for today's young people. Discussions centred also on topics that enhance personality development and academic excellence, as the students are embarking on a journey that will define their future life and career.

Addressing the gathering on behalf of the teaching faculties and management, Mr. Varun Kumar, the Vice-Principal, spoke reassuringly to the students, to ignore any kind of anxiety they might be going through at this moment regarding the new campus, Auxilium. His words provided a sense of comfort and encouragement and a kind of readiness to embrace the unknown with all its challenges and opportunities.

As the day concluded, students returned home with sweet memories of the warm welcome and with the determination to commence the academic journey with great confidence. With a spirit of unity and hope, the college community eagerly anticipates a year filled with growth, learning, and achievement.



By: Mr. R. Varun Kumar
Lecturer in Chemistry

World Environment Day



On the occasion of the World Environment Day, observed on June 1st, by international communities, the students of Auxilium, came out with a number of initiatives and activities organized by the Eco Club around the theme "Beat Plastic Pollution." The day was marked by enthusiastic and committed members who delivered creative presentations through songs, skits, and chats, with the unique scope of raising awareness about the pollution caused by plastic. The reward for their keen interest and dedication was evident in the public's response.



One of the highlights of the event was the captivating skit performed by some of the 1st-year students. This theatrical performance depicted the roles of eco-men and eco-women, shedding light on the careless and harmful actions we often undertake without regard for our precious natural environment. Adding to the cultural richness of the occasion, a choir group performed for the audience, highlighting the importance of environmental stewardship.



Not stopping there, a group of students dedicated their innovative talents in creating striking posters carrying the hashtag, "Beat Plastic Pollution." These posters conveyed our full slogan, designed to resonate with the people and amplify awareness about the devastating effects of plastic usage on our planet. Drawing inspiration from the event, our College Principal, Dr. Sr. Margrat Mathai, FMA, underscored the vital responsibility of students in safeguarding Mother Earth. She stressed the

significance of students not only enlightening their own families but also reaching out to their neighbourhood and wider communities. The Principal's words served as a rallying call for collective action, emphasizing that only by working together can we hope to create a cleaner and greener world, preserving our precious natural resources for future generations.

By: Mr. Satish Babu DR
Lecturer in Commerce

Fresher's Day

In the spirit of Henry Ford's timeless wisdom, "Coming together is the beginning. Keeping together is progress. Working together is success," Auxilium P. U. College marked the start of a new era of unity and collaboration at its Fresher's Day Party, held on June 10th, 2023, at Sr. Nancy Memorial Hall.

The event, marked by the vibrant presence of distinguished guests, faculty members and first-year students, was graced by the welcome dance by Varsha, Divya and Preethi, whose rhythmic steps expressed affection and appreciation.



The proceedings commenced with student president, Master Antony Shawn, and co-hosts Navaneeth Gowda and Clara Meghana Gerard, extending a warm welcome to the guests as they walked in to the venue and took their seat. Amidst jovial interactions, cultural head G. Roweena Siphora offered bouquets as tokens of honour to Chief Guest, Dr. Margrat Mathai the principal, and the guests of honour, Rev. Sr. Mini Leon the administrator and Rev. Sr. Benny Peter.

The second-year students kept entertaining their juniors with an array of cultural performance. Adding a touch of glamour, first-year students showcased their unique styles in a captivating ramp walk, vying for the titles of Mr. and Ms. Fresher. The judging panel, led by Principal Dr. Sr. Margrat Mathai, judiciously evaluated each participant and the deserving winners were honoured.

Laughter echoed through the hall as juniors indulged in a variety of entertaining games, concluding the festivities on a high note. A sumptuous lunch was served to all, symbolizing unity and camaraderie among the college community.

A heartfelt appreciation to the senior students, particularly G Roweena Siphora and M. Navanetha, and their dedicated team, whose diligent planning and perfect coordination ensured the event's resounding success. Their efforts transformed the Fresher's Day Party into a grand celebration, embodying the spirit of collaboration and togetherness that defines Auxilium P. U. College.



By: Mrs. Aparna . V
Lecturer in Computer science

Investiture Ceremony

The campus was buzzed with anticipation and excitement on 1st July, as it hosted the Investiture Ceremony for the academic year 2023-24. This momentous occasion was graced by the esteemed presence of Mr. Shankar Gowda Anna Sahib Patel, Deputy Superintendent of Police (DYSP) of Hoskote, who was the Chief Guest for the event. The atmosphere was charged with determination and enthusiasm as students and teachers gathered to witness the investiture of new leaders. The ceremony began with a solemn invocation to God the Supreme Leader and the lighting of the lamp, symbolizing the triumph of knowledge over ignorance, hope over despair and light over darkness.



This was followed by a mesmerizing dance performance, which added a touch of grace and artistry to the event. The pivotal moment in the ceremony arrived when the newly elected leaders marched forward with pride in their hearts and a sense of responsibility in their minds, to be adorned with badges and sashes. Their march, accompanied by applause and admiration, added a touch of glory to the campus.



Mr. Patel, in his address to the gathering, emphasized the importance of leadership skills and urged the students to uphold the dignity of the college and strive to be exemplary citizens of the nation. His words resonated with the audience, leaving them inspired and motivated.

As the day's events drew to a close, a heartfelt vote of thanks was extended to all those who had contributed to the success of the Investiture Ceremony. It was a day filled with promise and commitment, setting the stage for a year of exemplary leadership and achievement at Auxilium PU College. It was a memorable occasion marked by the presence of esteemed chief guest Mr. Patel, inspiring speeches, and the recognition of new leaders. It reminded us how crucial leadership is, showcasing the college's dedication to fostering responsible citizens for the nation.



By: Mrs. Nancy Mary T
Lecturer in English

ELECTED LEADERS



Mr. Anthony Shawn L
President



Mr. G P Gandharv
Vice President



Ms. Lakshitha K
General Secretary



Ms. Jeevika B
Cultural Secretary



Ms. V Neha
Asst Cultural Secretary



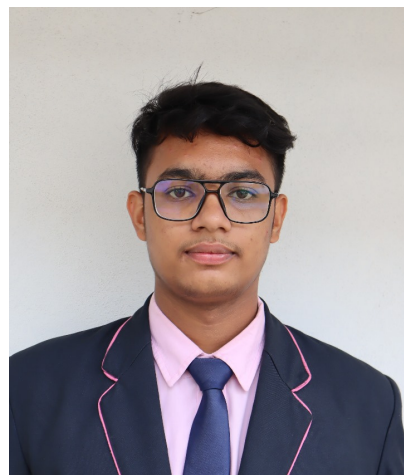
Mr. Syed Muddasir
Discipline Secretary



Ms. Inchara B Moolya
Asst Discipline Secretary



Mr. Shreyas M
Sports Secretary



Mr. Apeeansh Chauhan
Asst Sports Secretary

Sports Meet 23-24

Auxilium P. U College celebrated its Annual Sports Meet on 21st July 2023, a day filled with fervour, sportsmanship, and camaraderie. The event commenced with a solemn prayer and mesmerizing dance performance that set the stage for an unforgettable day.

The chief guest for the occasion was Rev. Sr. Sherly Joseph, the Secretary of Sacred Heart Convent, Bandapura, whose presence added grandeur to the occasion. The event began earnestly with the unfurling of the college sports flag by Rev. Sr. Sherly Joseph, who declared the sports meet open, emphasizing the spirit of unity and determination that sports instill in us.



Master Shreyas, the sports secretary, played an important role in the proceedings. He introduced the captains of all participating teams to the chief guest, accompanied by our esteemed principal, Dr. Sr. Margret Mathai.

After the inaugural function, the sports meet unfolded with a series of exhilarating events, including various athletic competitions and captivating group events. The college athletes exhibited remarkable talent and dedication, making each event a spectacle to behold. Our principal took a moment to express her appreciation for Mr. Girisha E.M., Physical Education Trainer and the team who coordinated the entire day. The students who participated showed unwavering zeal and showcased their skills in all the events. Her words of encouragement resonated with pride and confidence, reinforcing the importance of sports in education.

As the sun began to set on this memorable day, the annual sports meet, formally ended with a heartfelt vote of thanks. The entire gathering, brimming with pride and unity came together to sing the national anthem. This poignant moment marked the splendid conclusion of a day filled with sportsmanship, teamwork, and the indomitable spirit of Auxilium PU College.

By: Ms. Akshara .C
Lecturer in Biology

Glimpses of Sports Day



"Gioia Infinita" - Edition -01



With the unveiling of the theme, "Gioia Infinita" Edition -1 by Dr. Sr. Margret Mathai, the principal, the college kicked off the two day Cultural and Ethnic Day celebrations on 24th July 2023. Enthusiastic and vibrant students spared no efforts to decorate Sr. Nancy Memorial Hall to give a glittering and stunning appearance to the entire celebration. The festivities commenced with a warm welcome extended to the chief guest, Dr. Sr. Margret Mathai, the manager and principal of Auxilium PU College, along with other esteemed guests. The inauguration included a solemn prayer for the event's success, followed by the traditional lighting of lamp. Cultural activities, ranging from singing and dancing both individual and group events, pick and speak, photography, essay writing, and debates, were on the lists on the first day. The Committee assigned two judges for each activity as each event took place in different places.

The second day, observed as Ethnic Day, witnessed a fun-filled campus where students went about in traditional attire representing the State of their origin and the culture they represent. They participated in ramp walks, *Mehendhi* competition, fireless cooking, pot painting and Rangoli competitions. Their fashionable outfits and spirited competitions captivated the audience. The day concluded with a formal closing ceremony. The results of the events were announced during the assembly; the awards and certificates were distributed on the annual day.



The "*Gioia Infinita*" Edition 1 undoubtedly brought great happiness and inspired creativity, constructive thinking, and analytical skills among students. Hats off to Mrs. Esther, Mrs. Aparna, and Mr. Chiranjeevi, for coordinating the two-day celebration with meticulous planning and excellent coordination. These celebrations will certainly be etched in the memories of every student of Auxilium PU College. Overall, "*Gioia Infinita*" Edition 1 proved to be a memorable and enriching experience, demonstrating the diverse talents and vibrant spirit of the Auxilium PU College community.



By: Mrs. Esther T Asangi
Lecturer in Physics

Field Trip Science Group

Field trips are an integral part of students' learning experience, allowing them to step beyond the confines of their classrooms and explore the wider world. Recognizing this, on 28th July Auxilium PU College organized an educational field visit for the Science students of 2nd PU to the prestigious Indian Institute of Science (IISc). 58 students and two science faculty members participated in this enriching experience.

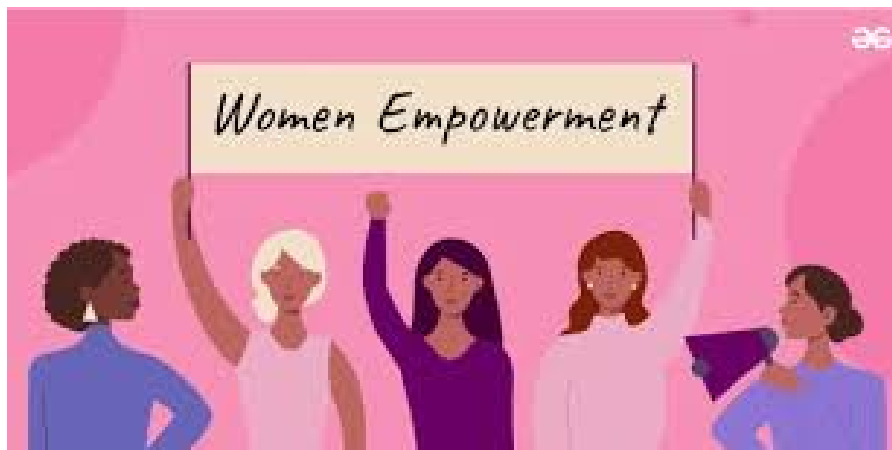
The primary objective of the visit was to inspire students to pursue excellence in education and to prepare them as future leaders in science and technology. IISc, a public Deemed Research University located in Bangalore, is renowned for its contributions to higher education and research in science, engineering, design, and management, making it the ideal destination.

Our college received permission to visit the Department of Chemical Sciences, specifically focusing on inorganic and physical chemistry (IPC). During the visit, the students eagerly explored various aspects of scientific research delving into the mechanisms used in this laboratory and gaining insights into cutting-edge spectroscopic techniques. Curious minds posed questions to the instructors, seeking to understand the latest advancements in analytical and computational chemistry. Additionally, students received valuable guidance on preparing for the JEE Advanced competitive exams, an essential step toward securing admission for further education at IISc.

Following the scientific exploration, students visited the Jawaharlal Nehru Planetarium. Here, they immersed themselves in the wonders of the cosmos. Both the Science Park, which provided interactive exhibits, and the 3D show on "Our Solar System" left the students enthralled. It was a moment of inquiry, relaxation and enjoyment as they absorbed new knowledge and experiences.



By: Mr. R. Varun Kumar
Lecturer in Chemistry



A seminar on Women's Health and Wellness was organized by the Department of Women's Health at Auxilium PU College, Bangalore, on August 22, 2023. Held at Sr. Nancy Memorial Hall, the event drew participation from approximately 120 1st and 2nd PU girls. Dr. Malini, a renowned gynaecologist from Motherhood Super Specialty Hospital, Whitefield, served as the resource person of the day.

During the seminar, Dr. Malini addressed several critical issues faced by teenage girls, with the primary focus areas being Polycystic Ovary Syndrome (PCOS), Polycystic Ovary Disease (PCOD), and hormonal changes. She discussed the causes, effects, and treatment options for these common conditions, shedding light on the importance of early diagnosis and management. Moreover, thyroid-related concerns were covered, where Dr. Malini discussed thyroid disorders, their impact on women's health, and effective management strategies.

In addition to medical conditions, Dr. Malini stressed on the importance of maintaining a healthy and balanced lifestyle. She highlighted common lifestyle mistakes made by young girls and provided guidelines on how to avoid them, emphasizing that health is wealth and underlining the key role that good health plays in one's life.



Following her informative presentation, Dr. Malini patiently answered the students' queries on gynecological issues, including premenstrual symptoms and various other concerns. Her willingness to engage with the students left a lasting impression and everyone.



The seminar served as an empowering platform, equipping young women with essential information. Through informative sessions and engaging discussions, the seminar contributed to fostering a culture of health consciousness among the students, emphasizing the importance of proactive healthcare practices and overall well-being.

The session concluded with an inspiring speech from Dr. Malini, encouraging young girls to prioritize their health and well-being.

By Mrs. Nancy Mary T
Lecturer in English

“listen with curiosity speak with
honesty. Act with integrity.”

-Roy T Bennet.

Teachers' Day

"Guru Brahma Guru Vishnu Guru Devo Maheshwara Guru Sakshat Parabrahma thasmai Shree Guruve Namaha" These Sanskrit words from the lips of Adi Shankaracharya, who was an Indian Vedic Scholar and teacher emphasize that our teachers' are living gods who deserve our love, respect and gratitude.



As a fitting tribute to their dedicated teaching staff, the students of Auxilium celebrated the Teachers' Day on 5th September. They took the teachers by surprise as some of them played successfully the role of every teacher, starting from the principal and kept everyone awestruck and ever attentive to every subject they handled with such competence and confidence for half a day.



In the afternoon they entertained the teachers through a variety of cultural programme and games. The best 'teacher' was awarded by the principal and they shared their experience of being teacher, mainly in maintaining class discipline and taking the class forward, inspite of distractions caused by some. This was followed by a much awaited throw ball match students vs. teachers and a sumptuous tea party for the teachers.



By: Mr. Chiranjeevi. P
Lecturer in Mathematics

Exploring Hyderabad

On 13th November, immediately after the mid-term examinations, the second year students and the lecturers along with the principal Dr. Sr. Margrat Mathai, embarked on a much awaited trip to Hyderabad, the City of Pearls, with a packed itinerary that introduced us to some of the city's most iconic attractions leaving us stunned and impressed. The day began with a visit to the Salarjung Museum, renowned for its extensive collection of art and historical artefacts. As we walked through the museum's galleries, we were fascinated by the diverse exhibits, ranging from ancient sculptures to exquisite jewellery.



Next, we ventured into the historic Golconda Fort to witness its captivating narrative of fort's history. Our day concluded with an exciting DJ night, where pulsating beats, live music, and vigorous dance created a lively atmosphere, allowing us to unwind and bond with our fellow travellers. Overall, our trip was filled with exploration, and entertainment, setting the tone for the days to come as we eagerly anticipated what Hyderabad had in store for us.



Our next stop was the Birla Mandir, a majestic temple dedicated to Lord Venkateshwara. The serene atmosphere and stunning architecture of the temple left a lasting impression on all of us. From its elevated location, we enjoyed panoramic views of Hyderabad, followed by a visit to Lumbini Garden. With lush greenery and a picturesque lake, it provided a delightful spot for relaxation. We spent most of our time boating and taking delight in the serene surroundings.

On the second day, we delved deeper into the city's culture and natural attractions with a visit to the impressive Ramanujan statue, symbolizing spiritual and intellectual insight. The intricate detailing on the statue and its serene atmosphere left a profound impact on us.



By: Ms. Akshara. C
Lecturer in Biology

Field Trip - Commerce Group



Commerce students and their faculty set out on a field trip to SAFAL Market on 20th November 2023. The purpose of the visit was to reinforce experiential and contextual learning. It's a way of enhancing classroom learning by making real world connections as they expose students to different lifestyles, places and era.

During the visit, students gained first-hand experience of pulp production and insight into the processes involved in transforming raw materials into usable products. They also learned about the technical aspects of SAFAL's operations, including machinery, quality control, and efficient management.

As students observed the distribution network and sales strategies, they gained a deeper understanding of how products reach consumers. SAFAL's commitment to quality goods and customer service made a lasting impression on the students. Furthermore, they learned about marketing techniques and the art of trading, which were essential components of the visit.



Witnessing real-world practices at SAFAL highlighted the excellence of the commerce sector, providing students with practical knowledge that complemented their classroom learning. The trip underscored the importance of bridging theory with application, preparing students for future careers in business and inspiring them to excel in their chosen field.



Ultimately, the visit emphasized that every field presents opportunities for growth and enrichment. By immersing themselves in practical experiences, students can develop the skills and knowledge necessary to succeed in the dynamic world of commerce.

By: Mr. R. Varun Kumar
Lecturer in Chemistry

Speranza 2023 Annual Day

Auxilium celebrated the first annual day with great pomp and style making the audience captivated by the splendid performances of 210 young people. The day slated for the celebration was 2nd



December 2023. Guests, parents and well wishers filled the campus with eager anticipation. The programme commenced at 5:00 p.m with the arrival of distinguished guests: Mrs. Manjula Aravind Limbavali MLA, Mr. Anand Raj DDPU, Rev. Sr. Lucy Rose Ozhukayil FMA, the President of Auxilium Society and other dignitaries. *Speranza 2023*

-Hope- the theme around which the entire celebration took place proudly showcased to the audience the two year journey made by Auxilium, keeping in mind the vision of the college, making everyone 'intellectually enlightened, emotionally balanced, socially committed, honest and upright citizen of our motherland. The melodious song by the choir created such a heavenly atmosphere, helping everyone get in touch with the indwelling presence of God; the mesmerising welcome dance settled everyone at ease. The annual report that highlighted the achievements and milestones of the academic year, was delivered by our principal Dr. Sr. Margrat Mathai, FMA coupled with creative video presentation.

After the ceremonial lighting of the lamp there followed inspiring speeches by the guests, distribution of awards and certificates for the winners in academic, sports and cultural events. Furthermore, the event served as a platform to recognize the talents of students who excelled in district and state-level competitions, acknowledging them with certificates and medals.



The celebration featured a diverse range of performances, from traditional songs and dances to modern interpretations. Additionally, a humorous dance broke the routine, adding a touch of joy and laughter to the atmosphere. The cultural programme commenced with the Kannada programme celebrating the golden year of the glorious culture and history of Karnataka.



A thought-provoking dance-drama titled *Speranza* -Hope- took the audience through ancient and modern India, showcasing the multicultural heritage of our motherland along with present-day challenges for young people. The celebration concluded on a high note with the collective rendition of "Heal the World" by Michael Jackson, calling everyone to heal the world and make it a better place. The success of the event was attributed to the collaborative efforts and enthusiastic participation of both students and teachers alike, creating lasting memories for all involved.

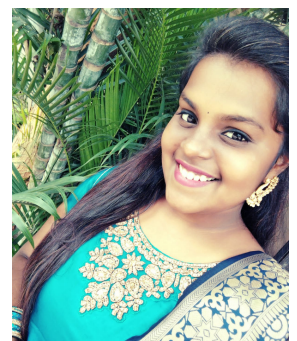
By: Mr. Girish. R
Office Admin

Auxilium PU College

Auxilium PU College offers a diverse range of academic programs across various disciplines. The curriculum is well-structured, and the faculty members are highly knowledgeable in their respective fields.

The College boasts state-of-the-art facilities, including modern classrooms, well-equipped laboratories, a vast library with extensive resources, and recreational areas.

The experienced faculty at Auxilium PU College is entirely dedicated to their students' success. They are approachable and willing to provide guidance outside of class hours. Auxilium provides all-round educational experience with excellent facilities, dedicated faculty, and a vibrant student community.



By: G Roweena Sipohra
II PCMB

Glimpses of Annual Day



Anti-Ragging Club



The fear of raging seems to create untold anxiety among students as they get ready to step out from the comfort zone of schools to the unknown where they need to cope up with new situations and persons. Knowing this situation fully well, Auxilium PU College organized one day seminar for students to give adequate awareness in this area. Mr. Gowda Anna Saheb Patel, DYSP, was invited to address the students on ragging, and other kinds of addictions, including mobile. The words of DYSP Mr. Shankar brought clarity to the students and reinforced their conviction from staying away from any kind of anti-social behaviours and activities that would tarnish their image and self-esteem in society. Furthermore, he reminded that strict punishment will be imposed on those involved in ragging activities within or around the college.



The State of Karnataka has been taking diverse initiatives to suppress ragging activities among students in schools and colleges. In order to put a logical end to the ongoing drive against ragging in the state, former Karnataka Deputy Chief Minister Ashwath Narayan announced that all schools and colleges should set up anti-ragging committee.

Accordingly, Auxilium PU College has established an anti-ragging club consisting of the following members: Dr. Margrat Mathai the Principal, Mr. Varun Kumar the Vice Principal, lecturers : Mrs. Aparna, Mr. Chiranjeevi, Mr. Girisha E. M, Mr. Giri Babu the lawyer and parent, and Mr. Ramesh N from the police dept.

By: Mr. Girisha E M
Physical Education Lecturer

Examination Corner



"Before everything else, preparation is the key to success," says Alexander Graham Bell Scottish-Canadian Inventor and Scientist. Believing in such time-tested principle, Auxilium PU College formed an Exam Committee in order to give top priority in the planning and the execution of every examination conducted through the year. Thanks to a team of committed and dedicated lecturers every examination was conducted within the stipulated time with precision and accuracy, The parents meetings were held regularly.

The exam committee handles tasks such as scheduling exams, coordinating exam venues, distributing question papers, and overseeing the entire examination process. The exam cell takes up the responsibility to create a collaborative platform where parents and teachers come together to discuss students' progress and other concerns. The principal painstakingly met each student in order to motivate the slow learners as well as the high achievers to do their best according to their ability besides assisting them in their studies with individual planning and offering career guidance. The college ensures that students focus on their academic journey, supported by a team of dedicated staff who accompany the students' holistic growth and well-being.

The exam committee members : Mr. Girisha E. M, Mr. Girish R, Mr. Varun Kumar, Mr. Ganesh Mohanty, and Mrs. Nancy Mary under the guidance of Dr. Margaret Mathai, FMA the principal and chief examiner ensured the smooth functioning of exams. The committee members executed their duties smoothly, meeting the high standards set by the Karnataka PU Board, thanks to systematic planning and evaluation that took place before and after every exam.



By: Mr. Girisha E M
Physical Education Lecturer

VITA NOVA Farewell



The valedictory function of the very first batch of Auxilium PU College was held on 23rd March 2024, in the college campus. The event was themed “VITA NOVA” which means ‘new life’, a concept that embodies the idea of embracing change, finding hope in adversity and embarking on a journey of personal transformation. As expected, the event turned out to be a grand success, all thanks to the guidance of the esteemed college Faculty, dedicated leaders and all the students who selflessly put in their time and efforts to make this beautiful evening so special.

The valedictory function started off with the welcoming of the guests and valedictorians with the welcome dance by Harshitha, Yashaswini, Sahana Mary, Janavi M followed by prayer led by the college choir, lighting of the traditional lamp and the oath-taking ceremony. After a series of dance performances and speeches by the students, we also had a couple of fun games that increased the enthusiasm and in which our friends and seniors actively took part. To make this beautiful occasion more delightful and memorable, we had a PPT presentation for our seniors that recalled their bitter/sweet memories of Auxilium days. We concluded the programme with some music and sumptuous dinner.

Hats off to our seniors who were so friendly and easy to get along with. It took no time to bond with them. They guided us in situations that were new to us and pushed us to try and succeed in them. We are extremely grateful to our dear seniors who helped us through the year. We wish them a new life-‘vita nova’!



By: 1st Years

Farewell Speech

Good evening, fellow graduates, esteemed teachers, families, and friends!

Today marks a significant milestone in our lives, the day we step out from the familiar environment of our PU College into a world brimming with possibilities and challenges.

I want to start by acknowledging something we all know too well - PUC wasn't just about textbooks and exams; it was a rollercoaster of emotions, a journey of self-discovery, and, let's not forget, a test of our ability to function on minimal sleep! But look at us now, we made it!

We've learned that change is the only constant and adaptation is our superpower.

I'd like to take a moment to thank our teachers, who have been more than educators. They've been our guides, sometimes our therapists, and even our friends. They've shown resilience and dedication, ensuring that our learning never stopped.

Now, as we stand on the brink of our future, let's remember the friendships we've made, the lessons we've learned, and the memories we've created. PUC may be ending, but our stories are just beginning.

As we go forth, let's carry with us the spirit of curiosity, the courage to dream big, and the determination to make those dreams a reality. Let's be the generation that leads with empathy, breaks the norms, and builds a future we can all be proud of. So, here's to us! We're not just PUC graduates; we're adventurers setting off on the most exciting journey of all - life.

All the best to each and every one of you for your future ventures and wishing only success to you all!

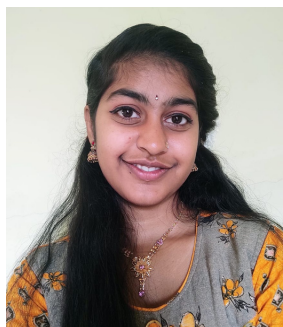


By: Navaneeth Gawda M V
II PCMB

“It is our attitude at the beginning of a difficult task. Which more than anything else, will affect its successful outcome.”

- William James

Thank You Auxilium!



Auxilium Pre-university College, Bandapura, Bangalore is an excellent college. It has a good infrastructure, security, and facilities. College provides us sports, cultural activities and everything. This college also has smart classrooms, labs, library and many more. It provides us with good physical activity programs which include indoor as well as outdoor games. College has indoor games like chess, carrom, yoga etc. Outdoor games like volleyball, throwball, cricket, kho-kho etc. Every year the college organises sports day, cultural day, etc.

On these days students get ample opportunities to explore their talents. College also provides opportunities to students to play and win in state and district level sports.

The infrastructure is simply awesome. The college is surrounded by many trees and plants which keeps students evergreen, fresh and active to learn new concepts. The college has anti-ragging squad, clubs like eco club, music club, dance club etc., for betterment of students life.

The college has competent and experienced faculty. They help us to understand the concepts clearly and take care of individual student's academic performance. They give themselves completely for the student's performance in everything. They encourage us and sometimes play interactive games to make us understand the concepts well. They are very helpful for us.

Coming to labs, lab classes are really fun-filled plus useful. The labs have every equipment required for the experiments. Teachers teach us in detail about the concepts. They take extra care for us by keeping extra classes whenever required.

The college follows rules very strictly. The uniform on regular days, the ethnic wear on occasion, hairstyle for girls and boys, shoes, nails, everything is followed strictly. With regard to punctuality there is no compromise.

The Management is highly competent. They organise many programs to make our career perfect. Anything regarding career decision can be asked to them, as they provide lots of options for us to decide. The Support Staff are also very good. They work hard to maintain the college very clean and tidy. They are also friendly with us and sometimes take care of us.

Last but not the least, our college principal. Our principal is kind, generous, competent, active person. She works hard in providing opportunities for us in every field of our life. Overall, in Auxilium College, students are happy to start the journey of their lives as this college offers best opportunities....

By: Divya Teja B
II PCMC

Articles by Students

REFUGE

In tumultuous times, when chaos surrounds,
A refuge one seeks, where peace can be found.
A sanctuary from all troubled thoughts.
A place where weary souls can be sought.

Like a lighthouse that guides lost ship at sea,
A refuge offers solace and sanctuary.
In its comforting arms, we find respite.
A haven where troubles can take flight.

In a friend's listening ear, we uncover grief.
A refuge of companionship, with solace brief.
A refuge can even reside within our minds.
A place we create, where stillness binds.

No matter the form, a refuge brings peace.
A respite from the chaos, a temporary release.
So seek out your refuge, whoever, wherever it may be,
And find solace and tranquility.

DÉJÀ VU

Deceptive mirages begin to disillusion.
Electrical jitters start to prey.
Jealous hallucinations decoy.
Astral premonitions kick off prophecies.
Vicious trembles spook down the spine.
Unjustifiable strangeness all because of conscience.

Good to know: The above-employed method of poem writing is called acrostic poem writing. In the composition, certain letters in each line form a word or sentence, like so.

And the meaning of the word déjà vu means having a feeling that you've already experienced something but you're experiencing it for the very first time.



By: Clara Meghana Gerard
II PCMC

HUMANITY

Humanity is the basic mantra to survive in this whole world and to have faith in others and the style of living life becomes very pleasant when this mantra named faith and kindness lives in the hearts of people.

Why is it called so?? It is because we, as human species, possess this unique ability to empathize, innovate, and strive for progress.

Humanity can be defined as a basic quality that differentiates human beings from other living organisms. Simply put, it is a trait that is expected to be exposed by humans.

Humanity has nicknames like love, affection, compassion, sympathy, empathy and concern for others.

Humans are considered to be the best and best species among all living beings on earth and for this reason it becomes our duty to help other living beings along with mankind and leave them to live their life.

The unconditional love for all human beings is the foundation of humanity. It eliminates the consciousness of gender, religion, caste, nationality, etc. from the minds of the people and connects everyone under one umbrella term – ‘humans’.

At the core of humanity lies the ability to empathize and feel compassion for others. This aspect of our nature allows us to connect with people on a deeper level, to understand their joys, sorrows, and struggles. Acts of kindness and selflessness often arise from our innate compassion, creating a ripple effect of positive change in the world.

But.. People all over this world are sacrificing other living beings to fulfil their own needs and this will also be the biggest destruction of the world. If humanity will end from the world then the world will be on the edge of extinction very soon.

In today's era very few human beings have the feeling of humanity. Most people care about themselves. Today the world is mostly full of hypocrites, misdemeanours.

A simple example can be given.. Why do you think that there is a lot of traffic.. Not just in Bangalore but even in other cities. That is just because of the selfishness which is abiding in every person's heart. According to every individual, the ultimate motive is to reach their destination on time. Let's introspect and answer ourselves. Have we ever left space for the ambulance to pass by? We would be concerned about reaching our destination soon but never bothered about the Life that's suffering in there.

A good human being is the one who understands the pain of others as his own pain. Everyone thinks about himself but the one who thinks about others is a true human being and that is the religion of humanity

Is there a day in our lives where we have heard that there are no crimes that are reported and everyone is peaceful, safe and secured? The answer is NO! The two great world wars that took place on this earth proves to what extent morality has come to an end.

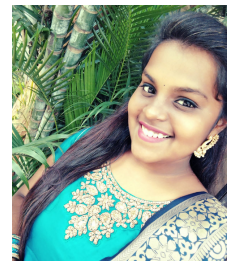
Do you know? The number of total crimes reported in India in 2023 was 445.9 per 100,000 people. And we stand in the 81st position in the crime index of the world. Countries like Venezuela, Papua New Guinea, Afghanistan, Haiti, South Africa are the ones which secures the 1st five positions in the crime index due to their high crime rates.

All these crimes take place just because we don't consider the other person as our own or we don't have the feeling that we belong to the same race-the One Human Race!

Sometimes not hurting a person and never causing harm to our surroundings and the other organisms we live with is also a great help we do out of Humanity.

Often, when we are on the verge to help a poor person, we always judge them by their physical appearance. And when the person out of love and happiness comes near us to bless us, don't we take a step back because we don't want them to be touched by them. Why is that so?? Because we think they are inferior to us and may be infectious too but they are still human like us. But remember we lost the blessing and lost the identity that we too are human beings like them.

The whole thing can be summerised into one idea. The day we all see the other person just as a homo sapien irrespective of their caste, colour, religion, creed, language, appearance and money, that is the day we, a homo sapien, become a human being filled with love and peace. And Humanity will take its place and rule the world.



Thank you.

By: G Roweena Siphora
II PCMC

Auxilium My Alma Mater

The college is the best in it is own way; it gives equal opportunities for sports, cultural, and academics. I am happy to be part of Auxilium. The college has given me a lot of opportunities in every way to grow and build up my skill.



By: Divya Jyothi B
II CEBA

Articles by Staff

ಮಹಾ+ಇಳಿ="ಮಹಿಳೆ"

ಮಾರ್ಚ್ - 8 ಇಂದು ಅಂತರರಾಷ್ಟ್ರೀಯ ಮಹಿಳಾ ದಿನ. ಮೊಬೈಲ್ ಹೊಂದಿದ ಪ್ರತಿಯೊಬ್ಬರೂ ತಮಗೆ ಪ್ರಿಯರಾದ, ಆತ್ಮೀಯರಾದ, ಮಹಿಳೆಯರ ಪೋಷಣೆಯನ್ನು ಸ್ವೇಚ್ಛೆಯಲ್ಲಿ ಹಾಕಿ ಮಹಿಳಾ ಮಣಿಗಳಿಗೆ ಶುಭ ಹಾರೈಸುವುದು ಸರ್ವೇ ಸಾಮಾನ್ಯವಾಗಿ ಕಂಡುಬರುವ ದೃಶ್ಯ. ಆದರೆ ನಾಲ್ಕು ಜನರ ಲೈಕ್ ಗೋಸ್ಕರ ಮೆಚ್ಚುಗೆಗೋಸ್ಕರ ಹಾರೈಸುವ ಶುಭಾಶಯಗಳಿಗಿಂತ ಸ್ತ್ರೀಯರಿಗೆ ಸಂತೋಷವನ್ನುಂಟು ಮಾಡುವ ಸಬಲೀಕರಣಕ್ಕಾಗಿ ಹಾತೊರೆಯುವ ಮಾತು, ಕ್ರಿಯೆಗಳು ಬಹಳ ಮುಖ್ಯ.

"ಹೆಣ್ಣು ಕುಟುಂಬದ ಕಣ್ಣು ಹೌದು ಸಮಾಜಕ್ಕೆ ವರದಾನವೂ ಹೌದು". ಕುಟುಂಬ ಹಾಗೂ ಸಮಾಜದ ಸ್ವಾಸ್ಥ್ಯ ರಕ್ಷಣೆಯ ರಕ್ಷಕಿಯೂ ಹೌದು. ಇಂತಹ ಹೆಣ್ಣು ಹಾಗೂ ಹೆಣ್ಣಿನ ಮಹತ್ವದ ಬಗ್ಗೆ ಅರಿವು ಮೂಡಿಸುವ ಒಂದು ಪುಟ್ಟ ಪ್ರಯತ್ನವೇ ಈ ಲೇಖನ. ಅಕ್ಕರೆಯ ಅಕ್ಕನಾಗಿ, ವಾತ್ಸಲ್ಯದ ತಾಯಿಯಾಗಿ, ಪ್ರೀತಿಯ ತಂಗಿಯಾಗಿ, ಮಮತೆಯ ಮಗಳಾಗಿ, ಬಾಳಿನ ಪಯಣದಲ್ಲಿ ಗಂಡಿಗೆ ಸಂಗಾತಿಯಾಗಿ, ಜೀವನ ಪಯಣದಲ್ಲಿ ಸಾಗುವ ಸ್ತ್ರೀಗೆ ಸರಿಯಾದ ಗೌರವ, ಸ್ಥಾನಮಾನ ದೊರೆಯಬೇಕಾದದ್ದು ಅತ್ಯಾವಶ್ಯಕ. "ಯತ್ರ ನಾರ್ಯ ಸ್ತುಪೂಜ್ಯಂತೆ ರಮಂತೇ ತತ್ರ ದೇವತಾ" ಎಂಬಂತೆ ಎಲ್ಲಿ ಸ್ತ್ರೀಯರನ್ನು ಗೌರವಿಸಲಾಗುತ್ತದೋ ಅಲ್ಲಿ ದೇವತೆಗಳು ಸಂತೃಪ್ತರಾಗಿರುತ್ತಾರೆಂತೆ.

ಅಂತೆಯೇ ನಮ್ಮ ಭಾರತೀಯ ಪರಂಪರೆಯಲ್ಲಿ ಹೆಣ್ಣಿಗೆ ಶ್ರೇಷ್ಠತಮವಾದ ಸ್ಥಾನಮಾನವಿದೆ ನಮ್ಮ ಸುತ್ತಮುತ್ತಲಿರುವ ನಾವು ನೆಲೆಸಿರುವ ಈ ನದಿ, ಭೂಮಿ, ಪ್ರಕೃತಿ.... ಮುಂತಾದವುಗಳನ್ನು ಸ್ತ್ರೀ ಸ್ವರೂಪದಲ್ಲಿ ಆರಾಧಿಸುವ ಸಂಸ್ಕೃತಿಯಿಂದಲೇ ಸ್ತ್ರೀ ಜೀವದಾತೆಯಾಗಿರುವಳೆಂಬುದು ತಿಳಿದು ಬರುತ್ತದೆ. ಇಂತಹ ಹೆಣ್ಣಿನ ಸ್ಥಾನಮಾನ ವೇದಗಳ ಕಾಲದಲ್ಲಿ ಉತ್ತಮವಾಗಿತ್ತು. ವಿದ್ಯಾಭ್ಯಾಸ ಅಥವಾ ಇತರೆ ಯಾವುದೇ ಕಾರ್ಯ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಅವಳ ಅಧಿಕಾರ ಹಾಗೂ ಸ್ಥಾನಮಾನವನ್ನು ನಿರ್ಲಕ್ಷಿಸುತ್ತಿರಲಿಲ್ಲ ವೇದಗಳ ಕಾಲದಲ್ಲಿದ್ದಾಗಿದ್ದರೂ, ಮೈತ್ರೇಯ ಉಭಯ ಭಾರತಿ, ಲೋಪಮುದ್ರೆ, ಮುಂತಾದವರ ಬೌದ್ಧಿಕ ಸಾಧನೆ ಸ್ಮರಣೀಯವಾದದ್ದು. ಸ್ತ್ರೀಯರು ಬ್ರಹ್ಮ ವಾದಿನಿಯರಾಗಿ ಬ್ರಹ್ಮ ಸಭೆಗಳಲ್ಲಿ ಪುರುಷರಿಗೆ ಸಮಾನವಾಗಿ ಭಾಗವಹಿಸುತ್ತಿದ್ದರೆಂಬುದು ಹಲವಾರು ನಿದರ್ಶ ನಗಳಿಂದ ತಿಳಿದು ಬರುತ್ತದೆ.

ಕಾಲಉರುಳಿದಂತೆ ಹೆಣ್ಣು ಶೋಷಣೆಗೆ ಒಳಗಾದುದನ್ನು ಇತಿಹಾಸದಿಂದ ತಿಳಿಯಬಹುದು ಆದರೆ ಈ 21ನೇ ಶತಮಾನದಲ್ಲೂ ಸ್ತ್ರೀಯರೇ ಷಣೆ ಜೀ ವಂತವಾಗಿರುವುದು ತುಂಬಾ ವಿಷಾದಕರ ಸಂಗತಿ.

ಮಹಾಭಾರತ ರಾಮಾಯಣ ಮುಂತಾದ ಐತಿಹಾಸಿಕ ಗ್ರಂಥಗಳಲ್ಲಿ ಕಂಡುಬರುವ ದ್ರೌಪದಿ, ಗಾಂಧಾರಿ, ಅಹಲ್ಯಾ, ಶಾಕುಂತಲೆ, ಅಂಬೆ, ಉಲೂಚಿ, ಚಿತ್ರಾಂಗದೆ, ಸೀತೆ, ಊರ್ಮಿಳೆ ಮಂಡೋದರಿ, ಮುಂತಾದ ಸ್ತ್ರೀಯರು ನಶಿಸಿಹೋಗಿರುವ ಕಾಲ್ಪನಿಕ ಪಾತ್ರಗಳಲ್ಲ. ಇಂದಿಗೂ ಮನೆ ಮನಗಳಲ್ಲಿ ಕುಟುಂಬ ಸಮಾಜಗಳಲ್ಲಿ ನಲುಗುತ್ತಿರುವ ಜೀ ವಂತ ಸ್ತ್ರೀ ಸ್ವರೂಪಗಳು. ಪ್ರತಿ ಪುರುಷನ ಯಶಸ್ಸಿನ ಹಿಂದೆ ಸ್ತ್ರೀ ಇರುತ್ತಾಳೆ ಎಂಬ ಮಾತಿನಂತೆ ಹಲವು ಯಶಸ್ವಿ ಪುರುಷರ ಬೆನ್ನೆಲುಬಾಗಿ ಸ್ತ್ರೀ ಪಾತ್ರ ವಹಿಸಿರುವುದಕ್ಕೆ ನಮ್ಮ ಸುತ್ತಮುತ್ತಲಿರುವ ನಿದರ್ಶ ನಗಳಿವೆ. ಇನ್ಸ್ ಿೋಸಿಸ್ ನ ಸಂಸ್ಥಾಪಕ ನಾರಾಯಣ ಮೂರ್ತಿ ಅವರ ಬೆನ್ನೆಲುಬಾಗಿ ಸುಧಾ ಮೂರ್ತಿ ಯವರು ನಿಂತಿದ್ದರೆ ರಾಮಕೃಷ್ಣಪರಮಹಂಸರ ಆಧ್ಯಾ ತ್ಮಿಕ ಜೀವನದಲ್ಲಿ ಮಾತೆ ಶಾರದಾದೇವಿಯವರ ಪಾತ್ರ, ಮಹಾತ್ಮ ಗಾಂಧೀಜಿಯವರ ರಾಜಕೀಯ ಜೀವನದಲ್ಲಿ ಅವರ ಪತ್ನಿ ಕಸ್ತೂರಬಾ ಪಾತ್ರ ಪ್ರಮುಖವಾಗಿತ್ತು.

" ತೊಟ್ಟಿಲನ್ನು ತೂಗುವ ಕೈ ಜಗತ್ತನ್ನೇ ಆಳಬಲ್ಲದು" ಎಂಬುದನ್ನು ಕಿತ್ತೂರು ರಾಣಿ ಚೆನ್ನಮ್ಮ, ಝಾನ್ಸಿ ರಾಣಿ ಲಕ್ಷ್ಮ ೇಬಾಯಿ, ಕಿರಣ್ ಬೇ ಡಿ, ದ್ರೌಪದಿ ಮುರ್ಮು, ಮುಂತಾದ ಮಹಾನ್ ಸ್ತ್ರೀಯರಿಂದ ಅರಿಯಬಹುದು. ಆದರೆ ಸ್ತ್ರೀ ಕೇವಲ ರಾಜಕೀಯ ಕ್ಷೇತ್ರಕ್ಕೆ ಮಾತ್ರವೇ ಸೀಮಿತವಾಗಿರದೆ ಆರ್ಥಿಕ, ಧಾರ್ಮಿಕ, ಶೈಕ್ಷಣಿಕ, ಸಾಹಿತ್ಯಿಕ, ಸಾಮಾಜಿಕ, ಸಾಂಸ್ಕೃತಿಕ,... ಹೀಗೆ ಹಲವಾರು ಕ್ಷೇತ್ರದಲ್ಲಿ ಪುರುಷರಿಗೆ ಸರಿಸಮಾನವಾಗಿ ಯಶಸ್ವಿ ಪಥದಲ್ಲಿ ಸಾಗುತ್ತಿದ್ದಾಳೆ. ಕೇವಲ ಹೊರ ಪ್ರಪಂಚದಲ್ಲಿ ಮಾತ್ರವಲ್ಲದೆ ಗಂಡ ಮನೆ ಮಕ್ಕಳ ಇಷ್ಟ ಕಷ್ಟಗಳನ್ನು ಅವರ ಆಗುಹೋಗುಗಳನ್ನು ಅರಿತು ಕೌಟುಂಬಿಕ ಜವಾಬ್ದಾರಿಯ ಹೊಣೆಹೊತ್ತು ಸಂಸಾರ ನೌಕೆಯನ್ನು ಸಮತೋಲನದಲ್ಲಿ ಸಾಗಿಸುವ ಪ್ರತಿಗೃಹಿಣಿಯೂ ಸಾಹಸಿಯೇ .

ಹೀಗೆ ಕುಟುಂಬಕ್ಕೆ, ಸಮಾಜಕ್ಕೆ, ದೇಶಕ್ಕೆ, ಬೆಳಕಾಗಿರುವ ಸ್ತ್ರೀ ಇಂದು ಶೋಷಣೆಯ ಕಗ್ಗತ್ತಲಿನಲ್ಲಿ ನಲುಗುತ್ತಿರುವುದಕ್ಕೆ , ನಿರ್ಭಯ, ಸೌಜನ್ಯ, ರಂತಹ ಪ್ರಕರಣಗಳೇ ಸಾಕ್ಷಿ. ಹೆಣ್ಣನ್ನು ಕೇವಲ ಭೌತಿಕ ಶರೀರದ ಮೂಲಕ ನೋಡುವ, ಗುರುತಿಸುವ ಪ್ರಜ್ಞಾ ಹೀನ ಮನಸ್ಥಿತಿ ದೂರವಾಗಿ ಅವಳಲ್ಲಿರುವ ವ್ಯಕ್ತಿತ್ವಕ್ಕೆ ಸಾಮರ್ಥ್ಯಕ್ಕೆ ಬೆಲೆಸಿಗುವಂತಾಗಬೇಕು. ಒಂದು ಹೆಣ್ಣು ತಾಯಿಯ ಗರ್ಭದಿಂದ ಹಿಡಿದು ಭೂತಾಯಿಯ ಗರ್ಭಸೇರುವವರೆಗೂ ಶೋಷಣೆಗೆ ಒಳಗಾಗುತ್ತಿರುವುದು ವಿಪರ್ಯಾಸ. ಇಂತಹ ಮತಿಹೀನರ ಚಿತ್ತವನ್ನು ಪರಿವರ್ತಿಸುವ ನಿಟ್ಟಿನಲ್ಲಿ ಸಂಚಿಹೊನ್ನಮ್ಮನ ಈ ಮಾತು ಬೆಳಕಾಗಬಹುದೇನೋ ಕಾದುನೋಡಬೇಕು. "ಹೆಣ್ಣು ಹೆಣ್ಣೇಂಬರು ಕಣ್ಣು ಕಾಣದಗಾವಿಲರು ಕುವರನಾದೊಡೆ ಬಂದ ಗುಣವೇ ನದರಿಂದ ಕುವರಿಯಾದೊಡೆಕುಂದೇನು.

ಇವರಿರ್ವರೊಳಿವಡೆದವರಿಂದ ಸವನಿಪುದಿಹಪರ ಸೌಖ್ಯ."**ಸಂಚಿ ಹೊನ್ನಮ್ಮ.**

ಈ ಮಾತಿಗೆ ಪುಷ್ಟಿ ನೀಡುವಂತಹ ಪ್ರಸ್ತುತ ವಿದ್ಯಮಾನವೊಂದು ಎಲ್ಲರ ಹುಬ್ಬೇರಿಸುವಂತೆ ಮಾಡಿದೆ. ನೆರೆಯ ರಾಜ್ಯ ತಮಿಳುನಾಡಿನಲ್ಲಿ ಘಟಿಸಿದಂತಹ ಹೆಮ್ಮೆಯ ಒಂದು ವಿಚಾರ ತಿರುವಣ್ಣಾಮಲೈ ಜಿಲ್ಲೆಯ ಪುಲಿಯೂರು ಗ್ರಾಮದ ಮಲೆಯಾಳಿ ಬುಡಕಟ್ಟಿನ ಆದಿವಾಸಿ ಮಹಿಳೆ ಶ್ರೀಮತಿ ಎಂಬುವವರು ತನ್ನ ಮಗುವಿಗೆ ಜನ್ಮ ನೀಡಿದ ಕೇವಲ ಎರಡು ದಿನದ ನಂತರ ನಡೆದಂತಹ ತಮಿಳುನಾಡು ಲೋಕ ಸೇವಾ ಆಯೋಗದ ಸಿವಿಲ್ ನ್ಯಾಯಾಧೀಶರ ಪರೀಕ್ಷೆಯಲ್ಲಿ ತೇರ್ಗಡೆಯಾಗಿ ಸಿವಿಲ್ ನ್ಯಾಯಾಧೀಶರಾಗಿ ಆಯ್ಕೆಯಾಗುವುದರ ಮೂಲಕ ಅವಕಾಶ ಸಿಕ್ಕರೆ ಸ್ತ್ರೀ ಎಂತಹ ಸಾಧನೆಗೂ ಸಿದ್ಧವೆಂಬುದನ್ನು ತೋರಿಸುವಲ್ಲಿ ಈ ಜಗತ್ತಿಗೆ ಮಾದರಿಯಾಗಿದ್ದಾರೆ. ಇಂತಹ ಎಷ್ಟು ಉದಾರಣೆಗಳು ನಮ್ಮ ಕಣ್ಣಿಂದ ಇದ್ದರೂ ಇನ್ನೂ ಸ್ತ್ರೀ ಸ್ವಾತಂತ್ರ್ಯ, ಸಮಾನತೆಗೆ ಹೋರಾಡಬೇಕಾದಂತಹ ದುಃಸ್ಥಿತಿ ಇರುವುದು ನಿಜಕ್ಕೂ ವಿಷಾದನೀಯ.

"ಹೆಣ್ಣು ಒಲಿದರೆ ನಾರಿ ಮುನಿದರೆ ಮಾರಿ"

೧ ಎಂಬ ಲೋಕೋಕ್ತಿಯಂತೆ, ಹೆಣ್ಣು ಕುಟುಂಬ, ಸಮಾಜವನ್ನು, ಪೊರೆಯುವ ದೇವಿಯೂ ಹೌದು ಆತ್ಮಗೌರವಕ್ಕೆ ಧಕ್ಕೆ ಬಂದರೆ ಭಲದ ಚಂಡಿಯೂ ಹೌದು. ಮಾರಿ ಯಾಗಿ ಸಮಾಜವನ್ನು ಸರ್ವ ನಾಶ ಮಾಡುವ ಮುನ್ನ ಎಚ್ಚೆತ್ತುಕೊಂಡರೆ ನಾಡಿಗೂ ಕ್ಷೇಮ ದೇಶಕ್ಕೂ ಶ್ರೀ ರಕ್ಷೆ. ಮಹಿಳಾಸಬಲೀಕರಣವನ್ನು ಕುರಿತು ಮಾತನಾಡುವ ಮೊದಲು ತಮ್ಮ ಮನೆಯ ಮಹಿಳೆಯರ ಸಬಲೀಕರಣದ ಬಗ್ಗೆ ಯೋಚಿಸಬೇಕು ಪ್ರಯತ್ನಿಸಬೇಕು. ಇವೆಲ್ಲದರ ನಡುವೆ ಇಂದಿಗೂ ಎಷ್ಟು ಲೋಕ ಪುರುಷರು ಸ್ತ್ರೀ ಸಬಲೀಕರಣಕ್ಕಾಗಿ ಶ್ರಮಿಸುತ್ತಿರುವುದು ಸಮಾಧಾನಕರವಾದ ಹಾಗೂ ಸಂತೋಷಕರವಾದ ಸಂಗತಿಯಾಗಿದೆ.

ಕವನದ ಶೀರ್ಷಿಕೆ-' ಸ್ತ್ರೀ ಆಕೃತಿ'

ಸ್ತ್ರೀಏಕಾಕ್ಷರದಲ್ಲಿ ಮುತ್ತಿವೆ ಸಂಯುಕ್ತಾಕ್ಷರಗಳು

ಅವು ಸ್ತ್ರೀಯನ್ನು ಕಾಯಲೋ ಮೇಣ್ ಬಂಧಿಸಲೋ

ಸ್ತ್ರೀ ಒಂದು ಬಿಂದು ಶೃಂಗಾರದ ಸಿಂಧು

ಬಿಂದುವಿಗಿಲ್ಲಹಿಂದು ಮುಂದು

ಆದರೂ ಹಿಡಿಯಲೆತ್ತಿಸುವರು ಎಂದೆಂದೂ

ಅಗಣಿತ ಬಿಂದುಗಳವೃತ್ತದಲ್ಲಿ

ಬಂದಿಯಾದಳು ಬಾಲೆ ನಿತ್ಯನಿಯಮದಲಿ

ವಿವಾಹ ಉದ್ಯೋಗ ಸಂಸಾರದ ಪರ್ವದಲಿ

ಕೊನರಿ ಹೋದಳು ಹೆಣ್ಣು ತ್ರಿಕೋನದಲ್ಲಿ

ಅತ್ತೆ ಮಾವ ಗಂಡ ಮಕ್ಕಳ ಬದುಕಿನಲಿ

ಚದುರಿ ಹೋದಳು ಆಕೆ ಚತುರ್ ಬಿಂದುವಿನಲಿ

ವಜ್ರಾಕೃತಿಯಾದಳು ಏಳುಬೀಳು ಸೋಲು ಗೆಲುವಿನ ದಾರಿಯಲಿ

ಆಯಸ್ಸು ಸವೆಸಿದಳು ಬದುಕಿನ ಆಯತದಲಿ

ಬಿಂದುವಾಗಿ ಜನಿಸಿ ಸರಳ ರೇಖೆಯಾಗಿಸಾಗಿ ತನ್ನವರ ಆಕೃತಿಗಾಗಿ ನಿರಾಕಾರವಾದ ನಿನ್ನ ಬದುಕೆ ಒಂದು ಸುಕೃತಿ.



ಶ್ರೀಮತಿ ಗಜಲಕ್ಷ್ಮಿ
ಕನ್ನಡ ಉಪನ್ಯಾಸಕರು

“ Motherhood Beyond Labels and Definitions”

The mystery of truly understanding a mother always remains as a mystery and trying to define a mother is like an endless journey. In this article I want to explore the complexity of motherhood, the various titles associated with it, and the emotions that are sometimes overlooked in the midst of our busy lives. While we often label mothers with titles like sacrifice, love, hope, trust, and patience, we may forget to recognize them as living beings with emotions, desires, likes, and dislikes.

The well-known quote,

"A mother is she who can take the place of all others, but whose place no one else can take," emphasizes the unique role mothers play. Despite knowing this fact, why do we look at her as a tool in our lives? We go to holy places searching for God and to ask him to show His compassion, mercy towards us, forgetting that our mothers are the one who are appointed by Him in this world to care for us. In the timeless words of Rudyard Kipling, "God can not be everywhere, and therefore He created mothers." This profound statement encapsulates the unique role that mothers play in our lives.

When we call-out to her as Amma, ma, mom, mummy..., she longs to give everything to us as she is personified, the first teacher of all who moulds, strives harder in order to make each child of her the best masterpiece. We assign various titles to them and it also raises the question: why do we struggle to seize the depth of their emotions and the uniqueness they possess? In our fast-paced lives, are we not neglecting the silent struggles, preferences, and the need for affection that mothers experience? As you continue to read it...

I just wanted you to recall a famous quote of Mahatma Gandhi,

“ It may be possible to gild pure gold, but who can make his mother more beautiful?”

Gandhi's words remind us that we have the power to enhance our mother's beauty with a peaceful word, a kind gesture, or a heartfelt expression of gratitude. While we may claim to be too busy with work or engrossed in the digital realm, our simple act of expressing affection, listening attentively, and understanding her emotions can make her more beautiful, isn't it?

In today's digital age, we often find ourselves idling before screens on social media platforms like Facebook, Instagram, Snapchat, and YouTube. We interact with virtual strangers, striving to make them feel pleased with our words. But amidst this virtual realm, we often neglect the person closest to us – our mother.

Motherhood is a journey of boundless love and sacrifice, but it is also a journey of emotions, desires, and longing for affection.

In conclusion Motherhood is a mystery that goes beyond mere titles and definitions. It is a collage of sacrifices, emotions, and individuality that often looks forward for our understanding. As we navigate our busy lives and digital distractions, let's pause to recognize the living being behind the titles, express gratitude for their sacrifices, and embrace the profound essence of motherhood that enriches our lives beyond words.



By: Nancy Mary T
English Lecturer

"Ultimately it is you and you alone who can change your life by hard work. Your best friend is yourself and your worst enemy is yourself."

- Sudha Murthy

‘अरे मन’

मैंने मन से कहा
अरे उठो मेरे साथ चलो,
आँखे खोलो और देखो
रास्ता कितनी दूर है।”
कितना दूर चल गया,
पूछा क्यों चल गया !

हमसफ़र अभी तो रास्ता बाकी है,
कहाँ तक जाना बाकी है,
राह में कितने दीवारें,
कितने पहाड़ों बाकी हैं
क्या पता अपने ही घर,
जाने को कोई हमसफ़र न हो।

जल्द ही शाम हो जायेगी,
सुनी रात, अँधेरा आ जायेगा
कभी-कभी दुनिया की मुसलाधार धारा
नदी के किनारे पर फिसल जायेगी !

एक मुट्ठी मिट्टी,
समय की धारा बह जायेगी,
सब कुछ एक दिन
अचानक खत्म हो जायेगा !
मैंने मन से कहा
अरे उठो मेरे साथ चलो !

" ना रूको कभी "

ना रूको कभी, ना थमों कभी,
बस राहों पर अपनी चले चलो, चले चलो ।
मुश्किलें आएं हज़ार, मानना ना कभी हार,
मंजिलों की ओर ए मुसाफिर , बढे चलो, चले चलो ।
जीवन की कविता को समझो , आवाजों में न उलझो
हर एक नज़्म को तबियत से पढ़े चलो, चले चलो ।
तूफान से भरे समुंदर में विकराल लहरों पे,
अपनी मन को कस्ती पर संभले चलो, चले चलो ।
चट्टानों को पार करते हुए, सपनों पर धार करते हुए,
जीवन पर्वत शिखर पर चढ़े चलो, चले चलो ।



गणेश महान्ति
हिन्दी अध्यापक

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